



VEP VOICE Vowel Workout



Explore • Develop • Find your sound

A simple warm-up to wake up your voice,
explore your vowels and improve your pitch!

Small
Changes
Make a
Big
Difference



Meet the Vowels

Each vowel has a different mouth shape, look in a mirror and try each sound.

AH  Open and relaxed	EH  Slightly open, lips relaxed	EE  A big smile, light and bright	OH  Rounded shape	OO  Small and rounded
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AH	1	2	3	4	5	
EH	1	2	3	4	5	
EE	1	2	3	4	5	
OH	1	2	3	4	5	
OO	1	2	3	4	5	

How to use this warm-up

- 1 **Listen to Claire**
Listen to the recording first
- 2 **Breathe**
Take a comfortable breath
- 3 **Sing**
Copy the five notes
- 4 **Expolore**
Try each vowel sound

Challenge!!

- ✓ Can you keep every note clear, steady and in tune?
- ✓ Try it a little faster!
- ✓ Can you sing it without looking?
- ✓ Can you make each vowel sound different?

VEP Check-in!



Voice

Can I hear a clear healthy sound?



Expression

Can I make each vowel sound different?



Performance

Can I sing confidently?